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Soft skills development

Every year in the month of December Institute organizes a special course on soft skill development. Following is the summary of last five years

Soft Skill development			
Inner Child Healing	2015-16	33	Ananta
Team building and Personality Development	2016-17	50	Yogesh Baldotra
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Year 2015-16

In year 2016, there was a four day course organized on Inner child Healing, organized by Brick and conducted by Mr. Ananata.

Year 2016-17

In year 2017 there was a course conducted by Mr. Yogesh Baldotra. Following are the details of the workshop.

Name of the course: Team Building and Personality Development

Name of the facilitator: Yogesh Baldotra

Brief introduction of the expert: Mr. Yogesh Baldotra is a renowned Theatre personality based in Mumbai, Maharashtra with over 12 years of experience in Learning and Development as a Performance Consultant. Yogesh learned stage direction from Jack Hofsis (HB Studios, New York) and Film Direction at New York Film Academy, South Beach, Miami. Yogesh has explored storytelling in a variety of formats including Theatre space, Film media, Street plays, Clowning and Improve. Having written and directed over 50 original Theatre plays, Yogesh holds an in-depth understanding of the art form and adopts an incredible methodology in his workshops by using an optimum blend of theatre games and role playing activities to bring out the best in his students. His workshops are known for its electrifying high energy atmosphere and students tend to cherish the experience for a lifetime.

Yogesh founded Fire weavers in 2008 which has earned an expertise in designing and conducting Drama, Theatre and Film based performance oriented workshops. They have trained over 1400 students, corporate employees and individual enthusiast



METHOD: Personality development and team building through drama and theatre therapy. Various activities (over 15 odd) were a part of the workshop. Varying activities like importance of body language, how to capture the attention of your audience (during a jury), how to be confident, how to improvise when nervous or when you forget what to say, activities to help understand self-strengths and weaknesses.




FINAL PRODUCT/ASSIGNMENT:

The students were divided into groups. Each group was then given a social message through frozen expressions, presentations, street plays or skits to be presented.

FEEDBACK FROM STUDENTS:

The students loved the experience. We could see the students, who couldn't speak at all - open up, express without fear. They have immensely benefited from the workshop and were happy.

The module was well designed and fit to mentor the lot (each activity was related to everyday situations in a student's life). It helped them realize and accept their personality and work on

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Capacity building for students	
Soft Skill Development	

skill enhancement. The activities were interesting and kept the students on their toes. They had realizations about life and purpose in life.

In year 2017 there was a course conducted on Rhythm and Creativity by Jyoti Bhavate. Following are the details of the workshop.

Year 2017-18

Name of the course: Rhythm and Creativity

NAME OF THE FACILITATOR: Ms. Jyoti Bhavate

BRIEF INTRODUCTION OF THE FACILITATOR: Ms. Jyoti Bhavate is a trained professional dancer in kuttak and bharatnatyam, has learned many other Indian dance forms. Her formal education and training in Western and Latin American dance styles from USA and UK has helped herself in professional endeavours.

METHOD:

The workshop was conducted for three days in Brick school of architecture where Ms. Jyoti has used different small activities and simple props to explain important things an architect should develop during his life and projects through movements.

Students were asked to do the group activity while sitting where they had to tap on the ground one by one with crossed hands and had to continue the same for 100 taps. This activity was done to implicate the importance of **Team Work** in project completion.

Next activity was a fun filled where one was to lead a student through the movement of his finger, while following they learned to **Follow with Concentration** in any situation. After that one leader had to lead many students, which showed it's easy to lead one but take effort to **Monitor many People**. So this way same activity clears the perceptions of both leader and follower.

Other than learning session at the end they moved on music with different rhythms.

Group activity was done where students made vacuum cleaner, washing machine, and mixer grinder by grouping and making live form. They formed and delivered the same beautifully showing switching it on, depicting things revolving and switching it off then. This activity explained them to *Going Deeply into the Project*, and taught to detail out all small things.

FINAL PRODUCT/ASSIGNMENT: 1. Group activity done to understand coordination and to have fun too, two groups were formed each forming Angel and Devil and and showing movements respectively.

2. Abstract figure was sketched in group of around 5 students without any discussion among them in A4 sheet giving them an idea to how the design concept could get changed during the discussions among all the office staff and the end product came as the collaborated idea.

FEEDBACK FROM STUDENTS: They learned to understand themselves more deeply along with the enjoyment and use of body movements not to only dance but also to show their emotions.





Year 2018-19

Train your mind

This course was conducted by Shankar Mridha. Shankar Mridha, A Positivist Life Coach, Corporate Trainer and an entrepreneur; he brings in 17 years of diverse experience in the Corporate world, having been an AVP in a Fortune 500 company where he headed one of the IT divisions before venturing in to Entrepreneurship.

Shankar's knack of understanding human behavior has not only fascinated him but consistently brought him close to various sciences of sub-conscious mind e.g. Graphology, Huna, Pranic Healing, Silva Techniques etc. Shankar is also a trained coach and mentor from his corporate life. His experience in training and facilitation of around 11 years has given immense knowledge and experience of facilitation and various experiential workshops. Shankar is a Certified Masters in NLP & trainer in NLP from NFNLP (National federation of Neuro Linguistic Programming, USA).

Shankar has founded Spectrum-Progressively Positive and also co-founded Jumbish Creations Pvt. Ltd. Spectrum is focused towards helping people leveraging the power of subconscious mind in day to day life. Jumbish is a company dedicated in creating income opportunities for artists by connecting artists and art consumers.

Shankar's high energy combined with a soothing aura makes him an adorable person and facilitator. Shankar's ability to combine humor, science and art in the form of music provides a unique experience for all the participants.

Year 2019-20

Laughter dose

Very popular in Western Theatre, Red nose Clowning, a form of Comedy. Students performed with the Red Nose, also called the smallest mask of the world.

The workshop gave an insight about the world of acting, theatre, comedy and a prospective to appreciate it.

To be able to perform this mask, the process helped students to first unmask their social mask connect with the child in thwm who is fear free, playful and uniquely creative. Following activities were part of this course:

- A funny Ramp walk (clown`s Fashion Show)
- Clown Carnival in the campus
- Crafts of being funny/making comic acts
- Audio/Visual orientation about the form



- Lip-sing performances on Bollywood songs

